

Alpha & Omega Sports

Race/Distance _Shinsplints 10K_ Date _9/10/16_

Time	Male	Category	Female	Time
		Overall		
48:21.0	Cody Harris	1	Amy Browder	58:57.2
	Bryan Walmer	2	Melissa Lin	
	Kyle Benjamin	3	Megan Pugh	
15 & Under				
		1		
16-19				
		1		
20-29				
		1	Rachael Didden	
30-39				
	Dwight Zimmerman	1	Kristi Koinski	
40-49				
		1	Kim Webber	
50-59				
		1		
60 & Up				
	John Andescavage	1		