

# Go Stuff Yourself Thanksgiving 5Miler, kids ½ mile and 1 Mile Walk!!

Location: Fitzwater Station 264 Canal St Phoenixville, PA 19460 Date: Thursday 11/23/2017  
Registration at the Fitzwater Bar and restaurant, Registration opens at 8:00 am 5Miler will begin at 10AM  
Course: Is an out and back on the Schuylkill River Trail  
**VERY Flat and Fast!** Results will be posted at [www.AlphaAndOmegaSports.com/results](http://www.AlphaAndOmegaSports.com/results)

Awards: 1st Place Male and Female will each receive a Turkey and award .... plus Top Three over all will receive a unique gift!, Also Top 3 M and F in the following age classes: 14 and under 15-19, 20-29, 30-39, 40-49, 50-59, 60+ and top Master's M + F

Entry Fee: \$25 if paid up to two days before the race, \$30 day of race. ½ Mile \$5 1 Mile Walk \$10  
Professionally timed by Alpha & Omega Sports w/instant results.  
**1 Free Beer will be awarded to each participant 21 and over;** races will be held rain or shine,

Visit the Schuylkill River Runners' website at [www.SchuylkillRiverRunners.com](http://www.SchuylkillRiverRunners.com)

Optional online registration will be available at [www.AlphaAndOmegaSports.com/Race-Calendar](http://www.AlphaAndOmegaSports.com/Race-Calendar)  
Checks can be made payable to:  
Schuylkill River Runners LLC,  
748 Rhoads Ave Boyertown Pa 19512  
Race Directors # (610)592-7273

-----Tear Here-----  
Last name \_\_\_\_\_ First name \_\_\_\_\_  
Address \_\_\_\_\_  
City/State \_\_\_\_\_ Zip \_\_\_\_\_ Race day age: \_\_\_\_\_  
Date of birth \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Sex: M F Date of Race 11/23/2017 Phone: (\_\_\_\_) \_\_\_\_\_  
Email: \_\_\_\_\_ @ \_\_\_\_\_

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Alpha & Omega Sports, Schuylkill River Runners, Fitzwater Station, and any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature \_\_\_\_\_ Date \_\_\_\_ / \_\_\_\_ / 2017