

2017 Norristown 5K & Pump and Run

10/7/2017

Norristown Area High School

Norristown, PA

Place	Bib	Last	First	Sex	Age	5K Time	Reps	Adj. Time
1	523	Fricker	Douglas	M	31	18:20.4	0	18:20.4
2	524	Chaclas	Angelo	M		19:38.7	31	04:08.7
3	532	Singh	Christopher	M	35	20:03.4	31	04:33.4
4	508	Gess	Pamela	F	48	20:06.8	38	01:06.4
5	509	Gess	Glenn	M	48	20:45.6	35	03:15.6
6	522	Fricker	Diane	F	29	21:13.4	0	21:13.4
7	525	Rodgers	Carline	F		22:08.4	42	01:08.4
8	515	Torres	Christie	F	41	22:17.4	42	01:17.4
9	519	Steele	Josh	M		22:42.4	3	21:12.4
10	531	Ross	Brian	M	33	22:43.7	0	22:43.7
11	535	Beebe	Chelsea	F	24	22:51.4	2	21:51.4
12	517	Vrontisis	Damien	M	31	22:57.4	8	18:57.4
13	507	Galvan	Oscar	M	33	23:01.5	31	07:31.5
14	503	Crowle	Benjamin	M	60	23:20.7	20	13:20.7
15	510	Morris	David	M	52	23:41.9	18	14:41.9
16	506	Furst	Ryan	M	23	24:06.5	7	20:36.5
17	505	Fortescue	Maggie	F	23	24:22.0	10	19:22.0
18	533	Junio	Timothy	M	44	24:42.6	34	07:42.6
19	No Bib	Brook	Altman	M		25:38.9	0	25:38.9
20	520	Woodland	Christian	M		25:45.0	7	22:15.0
21	502	Cobley	Samuel	M	47	25:55.2	9	21:25.2
22	538	Baker	Pete	M		25:56.2	0	25:56.2
23	518	Zrinski	Scott	M	47	25:58.5	9	21:28.5
24	527	Kovalevich	Jane	F		25:59.7	0	25:59.7
25	511	Ronca	David	M	33	26:02.1	24	14:02.1
26	521	Russell	Jeff	M	44	28:01.4	0	28:01.4
27	504	Driscoll	Stacie	F	48	28:37.5	33	12:07.5
28	526	Rodgers	John	M		28:45.0	15	22:15.0
29	501	Allen	Carl	M	53	30:34.3	24	18:34.3
30	529	Ross	Amy	F	32	32:23.4	10	27:23.4
31	516	Vrontisis	Jody	F	32	32:35.9	7	29:05.9
32	536	Arora	Pooja	F	36	33:25.6	0	33:25.6
33	555	Monaghan	Kelly	F	40	34:54.0	33	18:24.0
34	514	Ronca	Pat	M	31	34:58.0	26	21:58.0
35	512	ronca	kaylee	F	10	34:58.2	0	34:58.2
36	513	ronca	tori	F	14	38:34.3	0	38:34.3
37	537	Ksiazek	Nicole	F	30	39:07.8	10	34:07.8
38	534	Baab	Nick	M	11	47:42.9	0	47:42.9