

The Kelsey O'Shay's Pub & Grille at the Barto Hotel 5K Run

Fall Thursday Evening Race Series!!

(9/21, 10/12, 11/9)

Location: Barto Hotel 140 Barto Rd, Barto, Pa

Registration at the Barto Hotel starting @6PM 5k will start at 7PM

Course: Is an out and back **Flat and Fast!** (great way to gauge your fitness each month)

Results will be posted on www.AlphaAndOmegaSports.com/results that evening!!

Awards: 1st Place Male and Female, Also Top 3 M and F in the following age classes: 14 and under 15-19, 20-29, 30-39, 40-49, 50-59, 60+ and top Master's M + F

Entry Fee: \$15 if paid two weeks prior to race, \$20 evening of race.

(If a member of Schuylkill River Runners (SRR) \$13 per race and \$18 day of)

Professionally timed by www.AlphaAndOmegaSports.com/Results w/instant results.

1 Free Beer will be awarded to each participant 21 and over; Races will be held rain or shine

Visit the Schuylkill River Runners' website at www.SchuylkillRiverRunners.com.

Optional online registration at www.AlphaAndOmegaSports.com/Race-Calendar and closes the day before the race.

Checks can be made written payable to:

Schuylkill River Runners LLC

748 Rhoads Ave Boyertown Pa 19512

Race Directors #(610)592-7273

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Last name _____ **First name** _____

Address _____

City/State _____ **Zip** _____ **Race day age:** _____ **Date of birth** ____ / ____ / ____

Sex: M F **Date of Race (circle)** 9/21 10/12 11/9 **Phone:** (____) _____

Email: _____@_____

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Alpha & Omega Sports, Schuylkill River Runners, Fitzwater Station, and any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature _____ **Date** ____ / ____ / 2017

